



FESTIVE WALKS TO SLOW DOWN THIS WINTER

The definition of
"Vintage style"

Christmas has a way of speeding life up just as much as it slows everything down. And when the weather allows, December becomes the perfect excuse to step outside, breathe differently, and take in the places we sometimes forget to appreciate. Southport — and the areas wrapped around it — are full of winter routes that feel entirely different this time of year: crisp mornings, sharp horizons, soft light and the kind of quiet that settles the mind.

Here are our top five festive walks this winter — from sea wall wanders to parkland loops and the sandhill paths that stop you in your tracks.



1. The Sea Wall to the Marine Lake Loop
Southport

Cold, clean, wide-open air — this is winter at its best. Start along the sea wall, let the wind wake you up, then loop around Marine Lake where the Christmas lights from the town reflect across the water. A simple route, but unbeatable for clearing your head.

2. The Sand Dunes Trail
Ainsdale Nature Reserve

A classic. The dunes feel almost otherworldly in December, with frost-tipped marram grass and sweeping views over the beach. Perfect for those reflective, end-of-year thoughts — or for blowing away the last of the Christmas chaos.



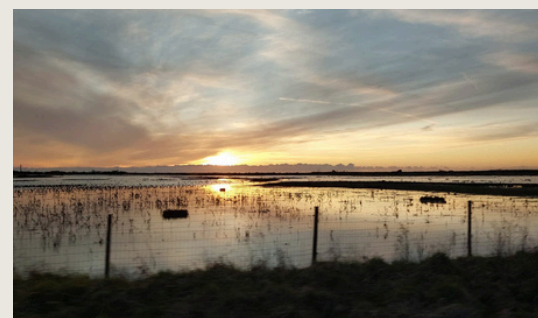
MINIMAL LIFE & VINTAGE LIFESTYLE

3. Hesketh Park Winter Circuit
Southport

A peaceful, easy-paced walk for chilly afternoons. Wander past the lake, cross the quiet bridges, and enjoy the winter stillness that settles over one of the town's most loved green spaces. A favourite for families, photographers and anyone needing a slow moment.

4. The Marshside RSPB Path
Marshside

A beautiful route for birdwatchers and quiet walkers alike. Winter brings migrating birds, big skies and a calm stretch of path perfect for a steady stroll. Ideal if you want to feel close to nature without heading too far out of town.



5. The Formby Red Squirrel & Pinewoods Walk
Formby

A neighbouring gem. Crisp pine, sandy tracks, and the chance to spot a red squirrel or two. There's a quiet magic to Formby in winter — less footfall, more stillness, and the kind of scent that makes you slow your pace without meaning to.